

Where Are Services Provided?

You have choices for a better quality of life

Community Palliative ConsultantsSM services are available at the following hospitals or ***wherever it is you call home***:

Ascension St. Vincent's Clay County Hospital

1670 St Vincent's Way
Middleburg, FL 32068

Ascension St. Vincent's Southside Hospital

4201 Belfort Road
Jacksonville, FL 32216

Baptist Medical Center Beaches

1350 13th Avenue South
Jacksonville Beach, FL 32250

Baptist Medical Center Jacksonville

800 Prudential Drive
Jacksonville, FL 32207

Baptist Medical Center Nassau

1348 South 18th Street
Fernandina Beach, FL 32034

Baptist Medical Center South

14550 Old St Augustine Road
Jacksonville, FL 32258

Flagler Health+

400 Health Park Boulevard
St. Augustine, FL 32086

UF Health Jacksonville

655 West 8th Street
Jacksonville, FL 32209

UF Health North

15255 Max Leggett Parkway
Jacksonville, FL 32218

To find out if
palliative care is right for you,
ask your physician,
call our 24/7 Clinician Line **904.407.7700**
or visit **CommunityPalliative.com**

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What is Palliative Care?

Palliative care is a medical specialty dedicated to helping people with a variety of serious illnesses find a better quality of life. A palliative care professional works with you, your loved ones and your physician to create a plan of care that offers relief from pain, symptoms and stress. They explain your choices and ensure your needs and wishes are honored.

Community Palliative ConsultantsSM focuses not just on relieving physical pain and symptoms. Our team members also can help you with challenges that include: important decision-making, establishing goals of care, emotional and spiritual issues and family dynamics.

How Can Palliative Care Help?

People at any age with serious, complex or life-threatening illnesses may benefit from palliative care.

Community Palliative ConsultantsSM can help at any stage of an illness, as well as during curative treatment. We:

- Address physical symptoms such as:
 - pain, anxiety, fatigue, shortness of breath, constipation, nausea, loss of appetite, agitation, trouble sleeping
- Help you and your loved ones understand the illness you're facing and your treatment options
- Provide the tools, education and coordination of services that help you to carry on with your daily life
- Provide spiritual guidance and arrange for counseling and support to help you and your loved ones cope with the illness
- Assist you and your loved ones with making important choices, such as advance care planning, that respect your goals and values

How Do I Get Palliative Care?

Your physician can request a consultation for palliative care. Our Community Palliative ConsultantsSM professionals, which include specially trained physicians and advanced practice registered nurses, will meet with you and your loved ones to help you make important choices about your care. They then work with your physician to develop the best possible treatment plan.

Medicare and private insurance cover the cost of palliative consultations. A co-payment may apply.

If you feel that a palliative care consultation may benefit you or a loved one, please ask your physician. To speak directly with Community Palliative ConsultantsSM, please call **904.407.7700**, or visit **CommunityPalliative.com** to learn more.

