



We're here to comfort, to care, to listen and support you.

These Community Hospice & Palliative Care bereavement services are free of charge and are available to anyone in the community for up to 13 months after a loved one's death.

ALACHUA COUNTY

Community Hospice & Palliative Care Office
4011 NW 43rd Street
Gainesville, FL 32606

Understanding Grief

Thursday, April 25, 2019
Thursday, May 23, 2019

3:30 - 5 p.m.
1 - 2:30 p.m.

Open Support Group

Thursday, May 23, 2019
Thursday, June 27, 2019

3 - 4:30 p.m.
3 - 4:30 p.m.

BEREAVEMENT AND COMMUNITY GRIEF SERVICES

If you or someone you know has experienced the death of a loved one, the support of others can play an invaluable role in the healing process. Community Hospice & Palliative Care provides an array of services that can help guide you through your personal grief journey. These services include support groups and specialized programs and classes.

Support Groups

Community Hospice & Palliative Care support groups create a safe and comfortable environment where you can meet with others who are grieving. Led by our bereavement professionals, our groups cover common grief reactions, coping strategies and ways to stay connected to your loved ones.

Understanding Grief

Understanding Grief is designed to help people learn that healing is possible after the death of a loved one and there are effective ways to cope with grief and loss. This workshop is most helpful for those who have experienced a loss within the last 90 days.

Please call **904.407.7001** to obtain grief and bereavement literature or to learn more about the programs offered. View our full schedule of bereavement services at Calendar.CommunityHospice.com.

