

# SPIRITUALITY UNPLUGGED

## ASSESSING AND EMPOWERING ONE'S SPIRITUALITY TO ASSIST WITH GRIEF



The Charles M. Neviaser Educational Institute of Community Hospice & Palliative Care and 21st Century C.A.R.E. welcome you to join us for an inspiring professional educational seminar with world-renowned grief and loss expert, Dr. Kenneth J. Doka.



### **Kenneth J. Doka, PhD, MDiv**

Professor of Gerontology Graduate School  
at The College of New Rochelle (N.Y.)

Senior Bereavement Consultant  
at Hospice Foundation of America

### **Learning Objectives**

At the conclusion of this program, participants will be able to:

- Define spirituality and compare it with religion
- Describe the ways that spirituality can complicate and facilitate grief reactions
- Perform a spiritual assessment using a spiritual autobiography
- Describe four types of rituals and three principles for therapeutic ritual
- Plan and participate in a ritual
- Describe the value and modalities for life review
- Describe the value of other spiritual techniques such as prayer and meditation

**Friday, April 26, 2019**

**Registration 11:15 a.m. - 11:30 a.m.**  
**Seminar 11:30 a.m. - 1:00 p.m.**

**Earl B. Hadlow Center for Caring  
Rooms A, B & C  
4266 Sunbeam Road  
Jacksonville, FL 32257**

Continuing education credit will be available. For presenter and CE information, please see other side. This event is provided as a community service by The Charles M. Neviaser Educational Institute of Community Hospice & Palliative Care and 21st Century C.A.R.E.

### **RSVP:**

**[spiritualityunplugged.eventbrite.com](http://spiritualityunplugged.eventbrite.com)  
by Tuesday, April 23.**

There is no cost to register.  
Space is limited.

Presented by:



**21ST CENTURY C.A.R.E.**  
A Foundation for Cancer Assistance, Research & Education  
Fighting cancer together with 21st Century Oncology, one patient at a time.

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### About the Presenter

**Dr. Kenneth J. Doka** is a professor of gerontology at the Graduate School of The College of New Rochelle (N.Y.) and a senior bereavement consultant to the Hospice Foundation of America. He is the author of nearly 30 books on various aspects of grief and loss as it relates to end-of-life care and has published more than 100 articles and book chapters. In addition, he is the editor of *Omega: The Journal of Death and Dying* and *Journeys: A Newsletter to Help in Bereavement*.

Dr. Doka has keynoted conferences in North America, Europe, Asia, Australia and New Zealand. He participates in the annual Hospice Foundation of America "Living with Grief" program and has appeared on CNN and Nightline. He has also served as a consultant to medical, nursing, funeral service and hospice organizations as well as businesses and educational and social service agencies.

Dr. Doka is an ordained Lutheran minister.

### Continuing Education

To receive credit, attendees must provide their license numbers and credentials at sign-in.

Community Hospice & Palliative Care is a licensed CE provider through CE Broker, No. 50-420.

- 1.5 continuing education credits (CEUs) are available through Community Hospice & Palliative Care for nurses, nursing home administrators and licensed mental health professionals (LCSW, LMFT, LMHC).
- Certificates of attendance are available for other disciplines.

Presented by:

