

# LONG-TERM CARE CONFERENCE

## ADVANCED ILLNESS IN LONG-TERM CARE

Please join your colleagues at Community Hospice & Palliative Care for our annual provider education event. This year's program will provide helpful skills you can use right away to enhance the care you offer to your residents with advanced illness.



Eligible nursing staff, nursing home administrators and licensed mental health professionals will earn continuing education credit. Registration is free and includes a complimentary light breakfast and lunch.

**FRIDAY, APRIL 26, 2019**

**Registration & breakfast 8:30 to 9 a.m.**  
**Program 9:00 a.m. to 4:45 p.m.**

**Charles M. Neviaser Educational Institute  
of Community Hospice & Palliative Care**  
4266 Sunbeam Road, Building 100  
Jacksonville, FL 32257

Hosted by



Sponsored by



**21ST CENTURY C.A.R.E.**  
A Foundation for Cancer Assistance, Research & Education  
Fighting cancer together with 21st Century Oncology, one patient at a time



Excel CNA Training

## RSVP

Register online at <http://bit.ly/ltcc2019> by **Tuesday, April 23.**  
Space is limited, so RSVP today!

## AGENDA

**8:30 – 9 a.m. Registration & Breakfast**

**9 – 9:15 a.m. Welcome & Announcements**  
Bobbie Hoover, MSN, RN  
Director of Long Term Care

**9:15 – 11:15 a.m. Coping with Life-Threatening Illness**  
Kenneth Doka, PhD, MDiv

**11:15 – 11:30 a.m. Break**

**11:30 a.m. – 12:30 p.m. Depression:  
Recognition & Management in Advanced Illness**  
Doug Schilling, LCSW, ACHP-SW  
Manager, Professional Development

**12:30 – 1:30 p.m. Lunch & Learn Session:  
Demystifying Hospice Finances**  
Janie Beals  
Patient Accounting Manager

**1:30 – 2:30 p.m. Sepsis**  
Maureen Holtz, BSN, RN  
Sepsis Coordinator

**2:30 – 2:45 p.m. Break**

**2:45 – 3:45 p.m. The Four Things That Matter Most**  
Doug Schilling, LCSW, ACHP-SW  
Manager, Professional Development

**3:45 – 4:45 p.m. Partnering with Palliative Care**  
Deb Kainauskas, BSN, RN, CHPN  
Nurse Educator

**4:45 p.m. Closing Remarks**

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## CONTINUING EDUCATION

To receive credit, attendees must provide their license number and credentials at sign-in and remain for all sessions. Partial credit will not be available.

Community Hospice & Palliative Care is a licensed CE provider through CE Broker, No. 50-420.

- 6.0 continuing education credits will be available through Community Hospice & Palliative Care for nurses, nursing home administrators and licensed mental health professionals.
- Certificates of attendance will be available for other disciplines.

## LEARNING OBJECTIVES FOR SESSIONS APPROVED FOR CONTINUING EDUCATION CREDIT

### Coping with a Life-Threatening Illness

Upon completion of this program, the participant will be able to:

- Identify the phases of life-threatening illness
- Describe the tasks an individual faces in adapting to life-threatening illness
- Discuss the experiences of family members caring for the dying person, noting their needs and reactions as well as factors that can facilitate or complicate adaptation
- Evaluate and describe clinical interventions that are appropriate for individuals as they struggle with life-threatening illness and grief

### Depression: Recognition & Management in Advanced Illness

Upon completion of this program, the participant will be able to:

- Define the clinical characteristics, risk factors and incidence of depression
- Describe the signs, symptoms and effects of depression
- Identify at least one tool for assessing depression
- List ways to treat depression

### Sepsis

Upon completion of this program, the participant will be able to:

- Describe warning signs and symptoms of sepsis
- List practices that help to prevent sepsis
- Review infection control practices when treating residents with sepsis
- Describe appropriate sepsis treatment within a palliative care context

### The Four Things That Matter Most

Upon completion of this program, the participant will be able to:

- Identify the four things that matter most
- Explain the importance of forgiveness, gratitude and love
- Give examples of the Five Languages of Love

### Partnering with Palliative Care

Upon completion of this program, the participant will be able to:

- Discuss some of the current challenges in health care
- Identify benefits of partnering with palliative care to find a solution
- Describe strategies for managing chronic and advanced illness