



# HOPE FOR THE HOLIDAYS

## A COMMUNITY HOSPICE & PALLIATIVE CARE PROGRAM FOR THE BEREAVED.

The festive holiday season can be challenging for those grieving the death of a loved one. They may find themselves torn between the need to grieve and pressure to get into the holiday spirit.

Community Hospice & Palliative Care offers Hope for the Holidays. This workshop will help attendees learn ways to cope with grief during the holiday season, determine what is right for them and their families and refocus energy on

positive activities that honor and remember their loved ones. Attendees will leave with a renewed sense of hope for the upcoming season.

### SEE BACK FOR EVENT DATES AND TIMES

Hope for the Holidays is open to the public. There is no charge to attend, but attendees should RSVP at <https://hopeforholidays2018.eventbrite.com> or call 904.407.7001/toll free 800.274.6614 Ext. 7001.

*Presented by:*



*Hope for the Holidays is supported through a generous donation from the Carl S. Swisher Foundation Inc.*



# HOPE FOR THE HOLIDAYS

*Event dates and times*

## **Clay County**

**Thursday, November 8, 2018**  
**10 - 11:30 am**

MCCI Medical Group  
20 Blanding Blvd.  
Orange Park, FL 32073

## **Mandarin/Southside**

**Saturday, November 10, 2018**  
**10 - 11:30 am**

Charles M. Neviasher Educational Institute  
of Community Hospice  
4266 Sunbeam Road, Building 100  
Jacksonville, FL 32257

## **Columbia County**

**Tuesday, November 13, 2018**  
**5:30-7:00 pm**

Columbia County Administrative Office  
163 SW Stonegate Terrace, Suite 105  
Lake City, FL 32024

## **Nassau County**

**Tuesday, November 13, 2018**  
**6 - 7:30 pm**

Council On Aging  
1901 Island Walk Way  
Fernandina Beach, FL 32034

## **St. Johns County**

**Tuesday, November 13, 2018**  
**4 - 5:30 pm**

St. Johns County Administrative Office  
of Community Hospice  
525 State Road 16, Suite 112  
St. Augustine, FL 32084

## **Arlington/Beaches**

**Saturday, November 17, 2018**  
**10 - 11:30 am**

Anne and Donald McGraw Center  
for Caring of Community Hospice  
4715 Worrall Way  
Jacksonville, FL 32224

## **Northside**

**Saturday, November 17, 2018**  
**10 - 11:30 am**

Northside Administrative Office  
of Community Hospice  
13453 North Main Street, Suite 403  
Jacksonville, FL 32218

## **Westside/Baker County**

**Monday, November 19, 2018**  
**5:30-7:00 pm**

Dr. Gaston J. Acosta-Rua Center  
for Caring of Community Hospice  
5450 Ramona Boulevard  
Jacksonville, FL 32205

## **Putnam County**

**Tuesday, November 20, 2018**  
**5:00 - 6:30 pm**

Putnam County Administrative Office  
5111 Crill Avenue  
Palatka, FL 32177

## **Clay County**

**Thursday, December 6, 2018**  
**10 - 11:30 am**

MCCI Medical Group  
20 Blanding Blvd.  
Orange Park, FL 32073

## **Nassau County**

**Saturday, December 8, 2018**  
**10 - 11:30 am**

Council On Aging  
1901 Island Walk Way  
Fernandina Beach, FL 32034

## **St. Johns County**

**Saturday, December 8, 2018**  
**10 - 11:30 am**

St. Johns County Administrative Office  
of Community Hospice  
525 State Road 16, Suite 112  
St. Augustine, FL 32084

## **Arlington/Beaches**

**Tuesday, December 11, 2018**  
**5:30 - 7 pm**

Anne and Donald McGraw Center  
for Caring of Community Hospice  
4715 Worrall Way  
Jacksonville, FL 32224

## **Columbia County**

**Thursday, December 13, 2018**  
**10:30 - 12 pm**

Columbia County Administrative Office  
163 SW Stonegate Terrace, Suite 105  
Lake City, FL 32024

## **Westside/Baker County**

**Saturday, December 15, 2018**  
**10 - 11:30 am**

Dr. Gaston J. Acosta-Rua Center  
for Caring of Community Hospice  
5450 Ramona Boulevard  
Jacksonville, FL 32205

## **Northside**

**Monday, December 17, 2018**  
**5:30 - 7 pm**

Northside Administrative Office  
of Community Hospice  
13453 North Main Street, Suite 403  
Jacksonville, FL 32218

## **Putnam County**

**Monday, December 17, 2018**  
**10:30 am - 12 noon**

Putnam County Administrative Office  
5111 Crill Avenue  
Palatka, FL 32177

## **Mandarin/Southside**

**Tuesday, December 18, 2018**  
**6 - 7:30 pm**

Charles M. Neviasher Educational Institute  
of Community Hospice  
4266 Sunbeam Road, Building 100  
Jacksonville, FL 32257