



*Share your grief and soothe your sorrow at our support groups.*

## **OPEN BEREAVEMENT SUPPORT GROUPS**

Ongoing groups are currently being offered at the following locations.

Please contact the bereavement counselors listed below for additional information prior to attending the first session.

### **ST. JOHNS COUNTY**

Bailey Family Center for Caring  
**2nd and 4th Thursday, 2:30 - 4 PM**  
*Sheri Wallace, PhD, LMHC, 904.407.6562*

### **ARLINGTON/ BEACHES**

Community Hospice McGraw Center for Caring  
**2nd and 4th Mondays, 10 - 11:30 AM**  
*Byron Beall, LCSW, 904.407.6811*

### **MANDARIN/ SOUTHSIDE**

Community Hospice Nevaizer Educational Institute  
**1st and 3rd Mondays, 11 AM - 12:30 PM**  
*Marilyn Jones, LMHC, 904.407.6124*

## **EIGHT- WEEK THERAPEUTIC SUPPORT GROUPS**

Participants must meet with a Community Hospice & Palliative Care bereavement counselor before joining an eight- week group.

Please contact the bereavement counselor listed below to schedule an appointment or express interest in the next available group at your preferred location.

### **MANDARIN/ SOUTHSIDE**

Community Hospice Neviasher Educational Institute  
*Concetta Hillman, LCSW, 904.407.6191*  
**Tuesday, Jun 26 - Aug 21, 2018 6:30 PM- 8 PM**

# SUPPORT GROUPS

Grieving the death of a loved one is never easy, but support from others and sharing your loss can lessen the burden. To help you, Community Hospice & Palliative Care conducts support groups throughout the year.

Community Hospice & Palliative Care support groups create a safe and comfortable environment where you can bond with others who are grieving. Led by our bereavement professionals, a variety of groups are offered that cover common grief reactions, coping strategies and ways to stay connected to your loved ones.

All Community Hospice & Palliative Care bereavement services are free of charge and are available to anyone in the community for up to 13 months after a loved one's death.



### **ST JOHNS COUNTY**

Community Hospice St Johns County Office  
*Sheri Wallace, PhD, LMHC, 904.407.6562*

### **ARLINGTON/ BEACHES**

Community Hospice McGraw Center for Caring  
*Byron Beall, LCSW, 904.407.6811*

### **FERNANDINA BEACH/ NASSAU COUTY**

Council On Aging  
*Byron Beall, LCSW, 904.407.6811*