



HEALING THROUGH MEMORIES

Community Hospice & Palliative Care presents two workshops for adults who are grieving the death of a parent.

“Parents are the mirrors in which we see ourselves. They are the keepers of our hearts.” — Author Unknown

The parent-child relationship is a powerful and sometimes complicated one. The death of your mother or father does not have to mean the end of that relationship.

Healing Through Memories will look at the parent-child relationship from childhood through adulthood. The workshop will help attendees develop a better understanding of the parental bond, grieve their loss and ultimately celebrate the lives of their parents.

Community Hospice & Palliative Care
Charles M. Neviasser Educational Institute
4266 Sunbeam Road, Building 100
Jacksonville, FL 32257

MOTHER LOSS WORKSHOP

Tuesday, May 8, 2018

6 – 8 p.m.

RSVP by Friday, May 4

to Concetta Hillman, LCSW – 904.407.6191

FATHER LOSS WORKSHOP

Tuesday, June 12, 2018

6 – 8 p.m.

RSVP by Friday, June 8

to Karen Painter, LMHC – 904.407.6589



**Participants are asked to bring a small- or medium-sized photo of their parent, preferably in a stand-up frame.*