

LYMPHEDEMA OF THE LOWER EXTREMITIES

Hosted by



Community Hospice & Palliative Care welcomes you to this daylong conference, designed for wound care and/or lymphedema clinicians who want to further their expertise in lower-extremity lymphedema. Throughout the course, participants will gain an improved understanding of etiology, learn to better identify and differentiate lymphedema from other edema types, learn how to develop safe treatment protocols and select appropriate compression for acute treatment and long-term self-care management.

Attending clinicians should have a minimum one year of experience with edema, lymphedema, wound care or compression therapy. Certification is not required but is recommended for MDs, DPMs, ARNPs, physician assistants, RNs, LPNs, physical therapists, physical therapist assistants, occupational therapists and occupational therapy assistants.

Bryan Groleau, COTA/L, CLT-LANA, CLWT, senior clinical education manager from mediUSA, will lead this in-depth course.

Registration is free and will include a continental breakfast and lunch. Continuing education credit will be available for eligible nursing staff.

WEDNESDAY, MARCH 21, 2018 | REGISTRATION 7:30 A.M. | PROGRAM 8 A.M. TO 5:30 P.M.

CHARLES M. NEVIASER EDUCATIONAL INSTITUTE OF COMMUNITY HOSPICE & PALLIATIVE CARE

Nicholas Davis Duke Auditorium (auditoriums A, B and C) • 4266 Sunbeam Road, Building 100, Jacksonville, FL 32257

RSVP REQUIRED | Register by Friday, March 16 at bit.ly/lymphedemaconference or call **904.407.6998**.

AGENDA AND PRESENTERS

For session objectives and continuing education information, please see other side.

7:30 – 8 a.m. Registration & Continental Breakfast

7:50 – 8 a.m. Welcome and Introductions

8 – 9:15 a.m. Lymphedema, Edema, Mixed Etiology and Approach to Treatment When Precautionary Diagnoses are Present

9:15 – 10:15 a.m. Lab: Stemmer's Sign and Vascular Assessment

10:15 – 10:30 a.m. Break

10:30 a.m. – Noon Compression Physiology, Product Variations, Compression Types/Concepts/Dosages, Product Selection

Noon – 1 p.m. Lunch

1 – 2:15 p.m. Venous Leg Ulcers and Characteristics, Skin Conditions and Wounds Associated with Lymphedema, Treatment Options When Wounds are Present

2:15 – 3:30 p.m. Compression Lab: Short-stretch, 2-Layer Wraps, Unna Boots, 4-Layer Wraps, Adjustable Velcro Compression Devices

3:30 – 3:45 p.m. Break

3:45 – 4:45 p.m. Case Studies

4:45 – 5:30 p.m. Remedial Exercises, Elevation, Sleep Hours, Discharge Planning and Product Selection

5:30 p.m. Adjourn

LYMPHEDEMA OF THE LOWER EXTREMITIES

Hosted by



To receive credit, attendees must provide their license number and credentials at sign-in and remain for all sessions. Partial credit will not be available.

- Community Hospice & Palliative Care is a licensed CE provider through CE Broker, No. 50-420.
- 8.0 continuing education credits will be available through Community Hospice & Palliative Care for nursing staff.
- Certificates of attendance are available for other disciplines.

LEARNING OBJECTIVES

Upon completion of this course, the participant will be able to:

- Identify three types of lower extremity lymphedema.
- Differentiate between lymphedema, edema and mixed etiology.
- Identify four factors that contribute to lower-extremity lymphedema and edema.
- Describe how to approach treatment when co-morbidities are present.
- Learn and complete four objective assessments for

lymphedema and arterial dysfunction.

- Learn the impact of calf muscle contraction in relation to the venous and lymphatic system. Understand how to stimulate the calf muscle “pumping mechanism” for improved circulation, reduction of swelling and wound closure.
- Describe the physiology of compression, compression types, concepts of compression application, compression dosage indications and proper selection of product.
- Describe the impact of compression on chronic venous insufficiency, venous leg ulcers and wounds associated with lymphedema.
- Identify three strategies for successful long-term management of edema/lymphedema.



ABOUT YOUR INSTRUCTOR

Bryan Groleau, COTA/L, CLT-LANA, CLWT
Senior Clinical Education Manager, mediUSA

A Certified Lymphedema Therapist since 2003, Bryan Groleau has treated extensively in the outpatient and home care settings with a recent focus on lower-extremity lymphedema and wound care. Using his expertise as a clinician and a lymphedema/wound care

certification instructor, he established a lymphedema and wound care program for one of the largest home health companies in Northeast Florida.

Currently, Bryan is a senior clinical education manager for mediUSA and also serves on the medi for help medical missions project to treat and educate on lymphedema and wound care for those with lymphatic filariasis in Léogâne, Haiti. Education is a passion of Bryan's. His firsthand experiences with multiple complexities offer practical solutions to clinicians, no matter their skill level.