

# Palliative Care Bootcamp: You're in the Army Now!



Mary Lynn McPherson, PharmD, MA, BCPS, CPE

Professor and Executive Director, Advanced Post-Graduate Education in Palliative Care

Department of Pharmacy
Practice and Science

University of Maryland School of Pharmacy, Baltimore Pain is a pervasive problem in caring for older adults, many of whom cannot verbally describe the pain. It's important for health care providers to quickly and accurately assess for pain and symptoms through non-verbal cues.

This professional seminar, hosted by the Charles M. Neviaser Educational Institute of Community Hospice & Palliative Care and led by **Dr. Mary Lynn McPherson**, will provide you with a solid skill set that you can use the next day at work to care for patients with serious or advanced illnesses. You will practice skills in assessing complaints including pain, most especially including nonverbal patients. You'll also learn about best practices in assessing and managing non-pain symptoms such as nausea, constipation, shortness of breath and agitation.

Attending this bootcamp will elevate the health care provider's level of practice immediately!

Wednesday, Feb. 14, 2018

8:30 a.m. Registration

8:45 a.m. to 1:30 p.m. Seminar

Adam W. Herbert University Center

University of North Florida 12000 Alumni Drive Jacksonville, FL 32224

RSVP at bit.ly/mcphersonunf or call 904.407.6183 by Friday, Feb. 9. Space is limited.



There is no cost to register. Continuing education credit will be available to eligible professionals. A box lunch will be served.

For more information, visit Calendar.CommunityHospice.com



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#### **About the Presenter**

Mary Lynn McPherson, PharmD, MA, MDE, BCPS, CPE is Professor and Executive Director, Advanced Post-Graduate Education in Palliative Care in the Department of Pharmacy Practice and Science at the University of Maryland School of Pharmacy in Baltimore. Dr. McPherson has a master's degree in instructional systems development and a master's in distance education and e-learning. Dr. McPherson has maintained a practice in both hospice (local and national) and ambulatory care her entire career. She teaches extensively in the Doctor of Pharmacy curriculum on pain management and end-of-life care, including didactic and experiential content. She is the Program Director of the Online Master of Science and Graduate Certificates in Palliative Care at the University of Maryland, Baltimore. She also developed one of the first and few palliative care pharmacy residencies in the U.S.

Dr. McPherson has won numerous awards for teaching and her innovative practice in endof-life care. She has published numerous articles, chapters and four books, including the best-selling "Demystifying Opioid Conversion Calculations: A Guide for Effective Dosing."

## **Continuing Education**

To receive credit, attendees must provide their license number and credentials at sign-in and remain for all sessions. Partial credit will not be available. Community Hospice & Palliative Care is a licensed CE provider through CE Broker, No. 50-420.

- 4.0 continuing education credits (CEUs) are available through Community Hospice & Palliative Care for nurses, nursing home administrators and licensed mental health professionals (LCSW, LMFT, LMHC).
- Certificates of attendance are available for other disciplines.

## **Learning Objectives**

At the conclusion of this educational program, attendees will be able to:

- 1. Assess for pain in both verbal and non-verbal patients.
- 2. Recommend pharmacologic and non-pharmacologic interventions for the management of pain.
- 3. Assess and recommend interventions for the management of dyspnea, nausea and vomiting, constipation, and agitation in patients with advanced illness.
- 4. Monitor patient response to therapeutic interventions and make recommendations for adjusting medication regimens accordingly.
- 5. Debunk myths and misconceptions about medication management, including opioid therapy, in advanced illness.