

WE CHOOSE *healing.*



*"Knowing that I'm not alone and being able to talk freely helped me on the road to healing."*

### EIGHT WEEK THERAPEUTIC SUPPORT GROUPS

Participants must meet with a Community Hospice bereavement counselor before joining an eight week group. Please contact the bereavement counselor listed below to schedule an appointment or to express interest in the next available group at your preferred location.

## CALL FOR NEXT SUPPORT GROUP SERIES

### **MANDARIN/SOUTHSIDE**

Community Hospice Neviaser Educational Institute  
4266 Sunbeam Road, Bldg. #100, Jacksonville, FL 32257  
Marilyn Jones, LMHC, 904.407.6124

### **ST. JOHNS COUNTY**

Community Hospice St. John's County Office  
525 State Road 16, St. Augustine, FL 32084  
Sheri Wallace, PhD, LMHC, 904.407.6562

### **CLAY COUNTY**

Community Hospice Clay County Office  
728 Blanding Boulevard, Suite 1, Orange Park, FL 32065  
Karen Painter, LMHC, 904.407.6589

### **ARLINGTON/BEACHES**

Community Hospice McGraw Center for Caring  
4715 Worrall Way, Jacksonville, FL 32224  
Byron Beall, LCSW, 904.407.6811

### **FERNANDINA/NASSAU COUNTY**

Council on Aging  
1367 South 18<sup>th</sup> Street, Fernandina Beach, FL 32034  
Byron Beall, LCSW, 904.407.6811

## SHARE YOUR GRIEF, SOOTHE YOUR SORROW

Grieving the death of a loved one is never easy, but support from others and sharing your loss can lessen the burden. To help you, Community Hospice of Northeast Florida conducts therapeutic support groups throughout the year.

Community Hospice support groups create a safe and comfortable environment where you can bond with others who are grieving. Led by our bereavement professionals, a variety of groups are offered which cover common grief reactions, coping strategies and ways to stay connected to your loved ones.

All bereavement services are free of charge and are provided to anyone in the community for up to 13 months after the death.



### OPEN BEREAVEMENT SUPPORT GROUPS

Ongoing groups are currently being offered at the following locations and are available to everyone. Please contact the bereavement counselors listed below for additional information. No appointment necessary.

#### **ST. JOHNS COUNTY**

Sheri Wallace, PhD, LMHC, 904.407.6562

**2<sup>nd</sup> and 4<sup>th</sup> Thursday, 2:30 – 4 p.m.**

Bailey Family Center for Caring  
200 Health Park Blvd., St. Augustine, FL 32086  
Call Sheri Wallace, LMHC, 904-407-6562  
prior to attending your first session

#### **ARLINGTON/BEACHES**

Byron Beall, LCSW, 904.407.6811

**2<sup>nd</sup> and 4<sup>th</sup> Mondays, 10 - 11:30 a.m.**

Community Hospice McGraw Center for Caring  
4715 Worrall Way, Jacksonville, FL 32224

#### **MANDARIN/SOUTHSIDE**

Marilyn Jones, LMHC, 904-407-6124

**1<sup>st</sup> and 3<sup>rd</sup> Mondays, 11 – 12:30 p.m.**

Community Hospice Neviaser Educational Institute  
4266 Sunbeam Road, Bldg. #100, Jacksonville, FL 32257