



## HOPE FOR THE HOLIDAYS

### A COMMUNITY HOSPICE & PALLIATIVE CARE PROGRAM FOR THE BEREAVED

The festive holiday season can be challenging for those grieving the loss of a loved one. They may find themselves torn between the need to grieve and pressure to get into the holiday spirit.

For these grievers, Community Hospice & Palliative Care offers Hope for the Holidays. This workshop will help attendees learn ways to cope with grief during the holiday season, determine what is right for them and their families and refocus energy on positive activities that honor and remember their loved ones. Attendees will leave with a renewed sense of hope for the upcoming season.

Hope for the Holidays is open to the public. There is no charge to attend, but attendees should RSVP at [hopeforholidays.eventbrite.com](http://hopeforholidays.eventbrite.com) or call **904.407.7001**.

Presented by:



Visit [TreeofLife.CommunityHospice.com](http://TreeofLife.CommunityHospice.com) to learn about our **Tree of Life and Candlelight Service of Remembrance**. The program will be Thursday, Dec. 7, 2017 at the Earl B. Hadlow Center for Caring in Jacksonville.

*Hope for the Holidays is supported through a generous donation from the Carl S. Swisher Foundation Inc.*

### Arlington/Beaches

#### Community Hospice Anne and Donald McGraw Center for Caring

4715 Worrall Way, Mayo Clinic Florida West Campus  
Jacksonville, FL 32224

Saturday, Nov. 18, 2017, 10 to 11:30 a.m.

Thursday, Dec. 14, 2017, 6:30 to 8 p.m.

### Westside/Baker County

#### Community Hospice Dr. Gaston J. Acosta-Rua Center for Caring

5450 Ramona Blvd.

Jacksonville, FL 32205

Tuesday, Nov. 14, 2017, 5:30 to 7 p.m.

Saturday, Dec. 2, 2017, 10 to 11:30 a.m.

### Northside

#### Community Hospice & Palliative Care Northside Administrative Office

13453 N. Main St., Suite 403

Jacksonville, FL 32218

Monday, Nov. 20, 2017, 5:30 to 7 p.m.

Saturday, Dec. 16, 2017, 10 to 11:30 a.m.

### Mandarin/Southside

#### Charles M. Neviasser Educational Institute of Community Hospice & Palliative Care

4266 Sunbeam Road, Building 100

Jacksonville, FL 32257

Thursday, Nov. 2, 2017, 5:30 to 7 p.m.

Saturday, Dec. 9, 2017, 10 to 11:30 a.m.

### St. Augustine

#### Community Hospice & Palliative Care St. Johns County Administrative Office

525 State Road 16, Suite 112

St. Augustine, FL 32084

Friday, Nov. 17, 2017, 4 to 5:30 p.m.

Saturday, Dec. 2, 2017, 10:30 a.m. to noon

### Nassau County

#### Council on Aging

1367 S. 18th St.

Fernandina Beach, FL 32034

Saturday, Nov. 4, 2017, 10 to 11:30 a.m.

Wednesday, Dec. 6, 2017, 6 to 7:30 p.m.

### Orange Park

#### Community Hospice & Palliative Care Clay County Administrative Office

728 Blanding Blvd., Suite 1

Orange Park, FL 32065

Saturday, Nov. 11, 2017, 10 to 11:30 a.m.

Tuesday, Dec. 12, 2017, 5:30 to 7 p.m.