



“Community Hospice is a place of relief for the family.”

ARLINGTON/BEACHES

Community Hospice McGraw Center for Caring
4715 Worrall Way
Jacksonville, FL 32224

Tuesday, July 11, 2017 10 - 11:30 a.m.
Tuesday, August 08, 2017 5:30 - 7 p.m.
Tuesday, September 12, 2017 10 - 11:30 a.m.

MANDARIN/SOUTHSIDE

Community Hospice Neviasser Educational Institute
4266 Sunbeam Road, Building 100
Jacksonville, FL 32257

Tuesday July 18, 2017 5:30 – 7 p.m.

NORTHSIDE

Community Hospice Northside Office
13453 North Main Street, Suite 403
Jacksonville, FL 32218

Friday, July 14, 2017 12 – 1:30 p.m.
Friday, September 29, 2017 12 - 1:30 p.m.

WESTSIDE/BAKER COUNTY

Community Hospice Acosta-Rua Center for Caring
5450 Ramona Boulevard
Jacksonville, FL 32205

Tuesday, July 11, 2017 5:30 - 7:00 p.m.
Friday, September 29, 2017 12 - 1:30 p.m.

UNDERSTANDING GRIEF
A PROGRAM FOR THE NEWLY BEREAVED

Understanding Grief is designed to help individuals learn that healing is possible after the death of a loved one and there are effective ways to cope with grief and loss.

The 90 minute workshop will help attendees:

- Identify normal responses to loss
- Identify coping skills that may be helpful
- Understand the importance of self-care in the grieving process

Understanding Grief is designed to be most helpful for those who have experienced a loss within the last 90 days, and are at least 18 years old. **Call 904.407.7001 to register.**



ST. JOHNS COUNTY

St. Johns County Office
525 State Road 16, Suite 112 in Westgate Plaza
St. Augustine, FL 32086

Wednesday, July 26, 2017 3 – 4:30 p.m.
Friday, August 18, 2017 2 to 3:30 p.m.

NASSAU COUNTY

Council on Aging
1367 South 18th Street
Fernandina Beach, FL 32034

Tuesday, June 13, 2017 6 - 7:30 p.m.

CLAY COUNTY

Community Hospice Clay County Office
728 Blanding Boulevard, Suite 1
Orange Park, FL 32065

Friday, June 23, 2017 12 – 1:30 p.m.