

DOWNSIZING AND DECLUTTERING MADE EASY

A free, two-part education series hosted by Community Hospice and the St. Johns County Council on Aging



An Marshall, Realtor from Berkshire Hathaway HomeServices Florida Network Realty, will lead these interactive discussions, designed especially for seniors and their caregivers preparing for an important life transition: *decluttering and downsizing a family home*. Admission is free to both sessions, but registration is required. Light refreshments will be provided. It is recommended that attendees participate in both sessions. Choose the session date/location most convenient to you.

Session One: Downsizing Made Easy

This session will review considerations before a move, local senior living options and how to tour them, tips for hiring professionals to help with the moving process and guidance on estate sales and auctions.

Monday, May 15, 2017 • 6:30 to 8 p.m.
Anastasia Baptist Church
1650 AIA South, St. Augustine, FL 32080

Wednesday, May 17, 2017 • 9:30 to 11 a.m.
River House, St. Johns County Council on Aging
179 Marine Street, St. Augustine, FL 32084

Session Two: Decluttering Made Easy

This session will provide you with practical solutions to let go of your possessions and find local resources to help you.

Participants will receive a workbook to record action steps.

Monday, May 22, 2017 • 6:30 to 8 p.m.
Anastasia Baptist Church
1650 AIA South, St. Augustine, FL 32080

Wednesday, May 24, 2017 • 9:30 to 11 a.m.
River House, St. Johns County Council on Aging
179 Marine Street, St. Augustine, FL 32084

To register, visit <http://bit.ly/staugseminar> or call **904.407.6998** no later than Wednesday, May 10.
For more information, contact An Marshall at 904.200.7000.

