

WE CHOOSE *healing.*



*"Knowing that I'm not alone and being able to talk freely helped me on the road to healing."*

### EIGHT-WEEK THERAPEUTIC SUPPORT GROUPS

Participants must meet with a Community Hospice bereavement counselor before joining these groups. Please contact the bereavement counselor listed below the group to schedule an appointment.

#### **MANDARIN/SOUTHSIDE**

Community Hospice Earl B. Hadlow Center for Caring  
4266 Sunbeam Road  
Jacksonville, FL 32257

**Wednesdays, 10 – 11:30 a.m.**

**January 25 – March 15, 2017**

Monique Scavelli, LMHC, 904.407.6191

**Thursdays, 6:30 – 8 p.m.**

**February 23 – April 13, 2017**

Marilyn Jones, LMHC 904.407.6124

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#### **ST. JOHNS COUNTY**

Community Hospice St. John's County Office  
525 State Road 16  
St. Augustine, FL 32084

**Tuesdays, 3 - 4:30 p.m.**

**February 28 – April 18, 2017**

Sheri Wallace, PhD, LMHC, 904.407.6562

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#### **CLAY COUNTY**

Community Hospice Clay County Office  
728 Blanding Boulevard, Suite 1  
Orange Park, FL 32065

**Tuesdays, 10 – 11:30 a.m.**

**January 10 - February 28, 2017**

Karen Painter, LMHC, 904.407.6589

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#### **FERNANDINA/NASSAU COUNTY**

Council on Aging  
1367 South 18<sup>th</sup> Street  
Fernandina Beach, FL 32034

**Tuesdays, 6 – 7:30 p.m.**

**January 10 – February 28, 2017**

Byron Beall, LMHC, 904.407.6811

## SHARE YOUR GRIEF, SOOTHE YOUR SORROW

Grieving the death of a loved one is never easy, but support from others and sharing your loss can lessen the burden. To help you, Community Hospice of Northeast Florida conducts therapeutic support groups throughout the year.

Community Hospice support groups create a safe and comfortable environment where you can bond with others who are grieving. Led by our bereavement professionals, a variety of groups are offered which cover common grief reactions, coping strategies and ways to stay connected to your loved ones.

All bereavement services are free of charge and are provided to anyone in the community for up to 13 months after the death.



### OPEN BEREAVEMENT SUPPORT GROUPS

Ongoing groups are currently being offered at the following locations. Please contact the bereavement counselors listed below for additional information.

#### **ST. JOHNS COUNTY**

Council on Aging  
179 Marine Street  
St. Augustine, FL 32084

**3<sup>rd</sup> Tuesday, 10:30 a.m. – noon**

Sheri Wallace, PhD, LMHC, 904.407.6562

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#### **ARLINGTON/BEACHES**

Community Hospice McGraw Center for Caring  
4715 Worrall Way  
Jacksonville, FL 32224

**2<sup>nd</sup> and 4<sup>th</sup> Mondays, 10 - 11:30 a.m.**

Katey Reneau, LCSW, 904.407.6296

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#### **WESTSIDE/BAKER COUNTY**

Community Hospice Acosta-Rua Center for Caring  
5450 Ramona Blvd.  
Jacksonville, FL 32205

**2<sup>nd</sup> and 4<sup>th</sup> Mondays, 10:30 a.m. - noon**

Angela Atkins, LMHC, 904.407.5860

*Community Focused • Community Supported • Serving Baker, Clay, Duval, Nassau and St. Johns counties since 1979*

904.407.6500 • 866.253.6681 toll free • **CommunityHospice.com** • 4266 Sunbeam Road • Jacksonville, Florida 32257