

Caring for a child with a complex, life-limiting or life-threatening health condition often means days filled with physical demands, emotional stress, financial burdens, therapy appointments, balancing the needs of other children and family members, and often continuously supervising the child.

For these families, **respite care** can provide a vital lifeline to a more normal life.

## WHAT IS RESPITE CARE?

Respite care allows families and other caregivers of Community PedsCare® patients to take a break or “respite” from caregiving duties for short periods of time so they can tend to other important activities.

From graduations to short vacations and even grocery shopping and socializing, respite care allows family members to enjoy simple pleasures and complete routine tasks that aren't so simple or routine when around-the-clock care is required. During respite care, a specially trained pediatric nurse tends to the child's needs, providing peace of mind to family members that their child is in good hands.



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[CommunityPedsCare.com](http://CommunityPedsCare.com)

Established in 2000, Community PedsCare® is a nationally recognized pediatric palliative and hospice program for children with life-limiting and life-threatening conditions. A program of Community Hospice & Palliative Care in collaboration with Wolfson Children's Hospital, Nemours Children's Specialty Care and the University of Florida-Jacksonville, Community PedsCare offers support, comfort and care to more than 160 children and their families each day. American Hospital Association awarded Community PedsCare a 2012 Circle of Life Citation of Honor for its innovative, community-focused and family-centric program.



WE CHOOSE  
*rest.*

**Pediatric Respite Care**  
Offering the gift of rest to  
Community PedsCare families



**“Respite breathes fresh air into our lives. It provides support and care from a knowledgeable nurse that allows us, as parents, to trust our child is in good hands so that our minds can relax and focus on other activities.”**

— Father of Dreaven Beimourtrusting

**“When Hayden is home, our world revolves around him because he has so many needs. It’s important that our other children get time with the parents to know that they are important and special as well.”**

— Mother of Hayden Woolfter

**“Respite care is not just helping the child, but helping the whole family.”**

— Mother of Hayden Chadwell



## WHO IS ELIGIBLE TO RECEIVE RESPITE CARE?

Any patient enrolled in the Community PedsCare program—whether in the palliative care, hospice care or Partners in Care (PIC) program—is eligible to receive respite care. Ask your Community PedsCare team for more information.

## HOW MUCH RESPITE CAN I RECEIVE?

Families of patients who receive palliative or hospice care or are enrolled in PIC can receive 168 hours of respite per calendar year, although this amount may vary. For these families, this is made possible through the Kelsi Leah Young Respite Care Fund, which raises awareness and philanthropic support for this care.

## HOW DO I REQUEST RESPITE CARE?

Advance notice of at least two weeks is needed to request respite care. Families should contact their Community PedsCare nurse or manager to submit requests. Please have a specific date in mind.

### KELSI LEAH YOUNG RESPITE CARE FUND



Established in 2007, the Kelsi Leah Young Respite Care Fund provides the gift of rest to parents or guardians of children in the Community PedsCare

program. The namesake for the fund, Kelsi Leah Young (Jan. 28, 2005 - Dec. 1, 2005), was a beautiful little girl who touched countless lives during her brief life. Her family established this fund in her memory.

